

Friday, April 23, 2021

Ignite the Burned Out: How Leadership Inspires the Disengaged!



Presenter:

Jessica Rector

Speaker and Best-Selling Author

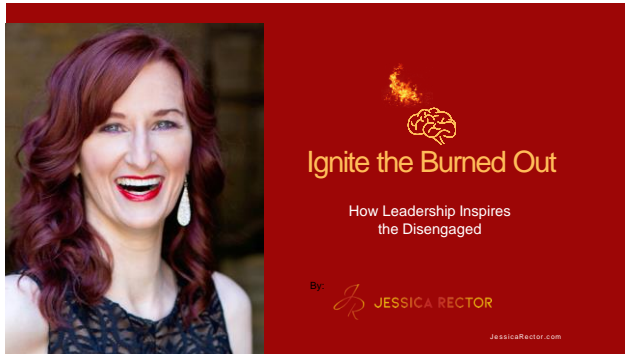


Moderator

Joel G. Carson

Executive Director

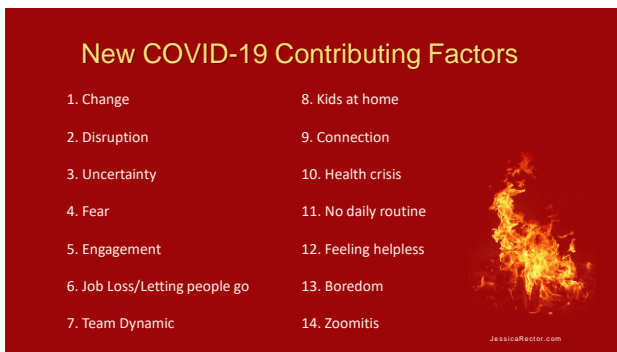
Geoprofessional Business Association



Contributing Factors

1. Working too many hours
2. Too much workload
3. Negative workplace culture
4. Not enough sleep
5. Perfectionism
6. Lack of appreciation
7. Routines/boredom
8. Bad habits
9. Poor leadership
10. Unclear job expectations

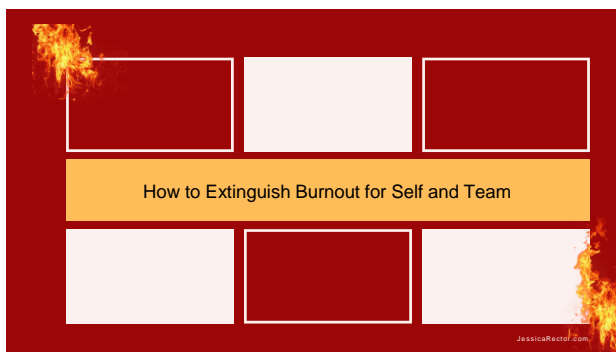
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Cost of Burnout

1. Identification and Prevention
2. Benefits of Success
3 months, 6 months, a year, 3 years
3. Cost of Doing Nothing
3 months, 6 months, a year, 3 years

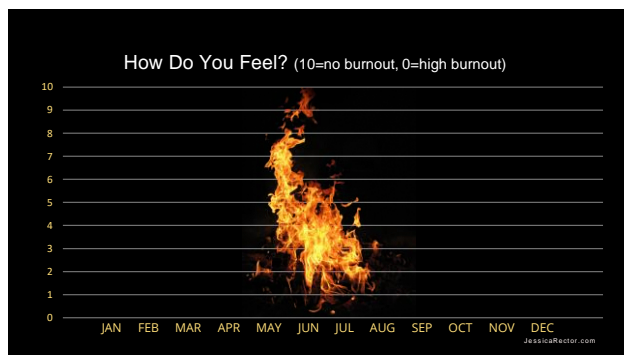
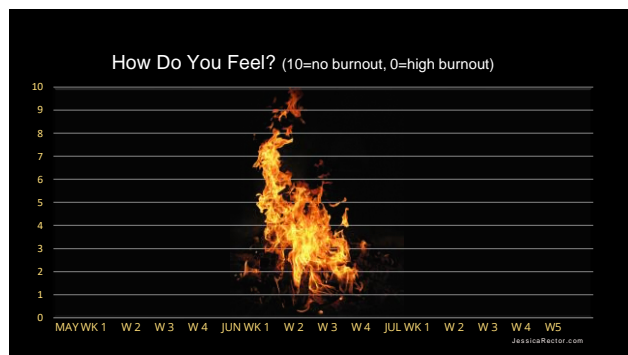
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Burnout by the Numbers

- ✓ We'll use \$ for salary
- ✓ people in organization
- ✓ % turnover rate— people leave per year
- ✓ leave from burnout (of turnover)
- ✓ \$ is a 1/3 of (avg cost of t/o=1/3)

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