Alleviating PM Overload

Recommendations for Your Business



Delegate Administrative Tasks

Empower trained administrative staff to handle routine duties so PMs can concentrate on technical leadership and client engagement.

This delegation is not only more efficient but also cost-effective for the organization.





Standardize Processes

Develop clear Standard Operating Procedures (SOPs) for non-technical helpers.

You can use technology platforms such as Loom (for how-to training videos), TrustLayer (for compliance tracking), and Scribe (for process documentation) to streamline onboarding and ensure consistency.

2



Foster Constructive Communication

Establish protocols that encourage repetition, iteration, and constructive feedback.

This builds accountability without micromanagement, allowing PMs to maintain oversight while empowering support staff to grow.





Build Trust and Ownership

PMs should retain ownership of their projects but be supported by reliable, accountable team members.

Investing in trust-building and training helps PMs feel confident in delegating and ensures support staff are prepared to deliver.

4



Teach Workload Management

Encourage junior staff to set boundaries and say no when overloaded.

This not only protects individual well-being but also contributes to a sustainable, resilient team culture.



